



## Prescription Drug Core Group Meeting

August 30, 2016

1:00 p.m.

**Governor's Office of Youth, Faith and Family – Conference Room B**

1700 West Washington Street, Suite 230, Phoenix, Arizona 85007

A general meeting of the Prescription Drug Core Group was convened on August 30, 2016 at the Governor's Office of Youth, Faith and Family, Conference Room B, 1700 West Washington Street, Suite 230 Phoenix, Arizona 85007.

Members Present (11)	
Sheila Sjolander, Chairman, Arizona Department of Health Services	
Deborah Miller, Co-Chair, Governor's Office of Youth, Faith and Family	
Duce Minor, Parker Area Alliance for Community Empowerment, Inc. (PAACE) (via phone)	
Elizabeth Dodge, Arizona Board of Pharmacy	
Tomi St. Mars, Arizona Department of Health Services (via phone)	
Jacqueline Kurth, Industrial Commission of Arizona	
Michelle Skurka for Lauren Prole, Arizona Health Care Cost Containment System (AHCCCS)	
Chief Thomas Kelly, Apache Junction Police Department (via phone)	
Carlena Orosco, Arizona Criminal Justice Commission (via phone)	
Jenna Jones, Arizona Board of Osteopathic Examiners (via phone)	
Travis Williams, Arizona Attorney General's Office	
Staff/Guests Present (10)	Members Absent (1)
Tonya Hamilton, Governor's Office of Youth, Faith and Family	Shelly Mowrey, High Intensity Drug Trafficking Area (HIDTA)
Sonya Pierce-Johnson, Governor's Office of Youth, Faith and Family	
Cynthia Martinez, Governor's Office of Youth, Faith and Family	
Haley Coles, Sonoran Prevention Works	
Cindi Hunter, Arizona Board of Pharmacy	
Tracy Cruickshank, Maricopa County Department of Health Services (via phone)	

### Call to Order

**Sheila Sjolander, Chairman**, called the Prescription Drug Core Group meeting to order at 1:07 p.m. with 11 members and 6 staff and guests present.

## **Welcome/Introductions**

**Sheila Sjolander, Chairman** welcomed everyone and asked them to introduce themselves.

## **Approval of Minutes**

Minutes for the meeting held June 21, 2016 were reviewed. Duce Minor made a motion to approve the minutes. The motion was seconded by Jacqueline Kurth and approved by all.

## **Presentation: The Use of Naloxone**

**Tomi St. Mars, Arizona Department of Health Services (ADHS)** provided a presentation on the Use of Naloxone. She shared the following about Naloxone:

- Safe, effective, well established practice
- Few side effects
- A step in combating deaths from overdose (OD)
- Time-sensitive emergency

Ms. St. Mars also shared the facts about The Arizona Revised Statute, A.R.S.36-2228 and the House Bill, HB2355. The A.R.S. states the following:

- Requires a standing order issued by physician or nurse practitioner.
- Mandates training on use of Naloxone before of LE Or EMT may administer Naloxone.
- Allows LE or EMT officer to administer naloxone. States that LE or EMT may administer to a person if officer believes that the person is suffering from opioid-related O.D.

The House Bill states the following:

- Permits pharmacist to dispense without a prescription to person at risk of an overdose, family member or community member.
- Allows a prescribing authority to prescribe or dispense to a person at risk of OD, any person in a position to assist, i.e. CBO's, family.
- Includes immunity from professional liability and criminal prosecution.
- Requires school boards to prescribe and enforce policies and procedures for administration by an employee

Ms. St. Mars shared what is considered an opioid, proper and improper use of opioids, How opioids Kill: Increased chances of OD: Things to know about naloxone, Why Naloxone (Narcan), How it works: OD's that Naloxone does NOT work for (sedatives & stimulants) and what Arizona has been doing as far as statewide activities to educate on Naloxone.

## **Presentation: Overdose Education & Naloxone Distribution**

**Haley Coles, Sonoran Prevention Works** provided a presentation to follow Ms. St. Mars's presentation. Ms. Coles gave a brief introduction on Sonoran Prevention Works (SPW). This is a nonprofit agency that has been around since 2014 and is a volunteer run agency. Its mission is to end health disparities faced by those made vulnerable by drug use and other high-risk behaviors in Arizona through harm reduction focused education, advocacy, and evidence-based programming. Ms. Coles shared the following:

- There is an overdose crisis and Arizona is the 10<sup>th</sup> in the country, we had 1200+ deaths/year.
- We are overprescribing opioids.
- We now have stronger heroin than years past.
- There is no realistic opioid safety education.

Ms. Coles shared the important points of Overdose Education Naloxone Distribution (OEND). Ms. Coles shared information regarding the myths associated with naloxone, the legislation governing the use of naloxone, the O.D. Prevention, Recognition and Response program. She identified agencies and Emergency Departments that provide the Naloxone Program Technical Assistance and shared that Arizona Health Care Cost Containment System (AHCCCS) is now covering Naloxone Programing. Ms. Coles stated that there is a statewide work group and their main focus is going to be the implementation and funding of the Naloxone Program.

#### **Presentation: New Rules-Industrial Commission**

**Jacqueline Kurth, Industrial Commission of Arizona** presented on the Medical Treatment Guidelines, and new rules that will go into effect October 1, 2016. Ms. Kurth gave a brief introduction of the Industrial Commission of Arizona (ICA), Medical Resource Office. The ICA is the agency that administers and enforces state laws relating to the protection of life, health, safety and welfare of Arizona's employees. It has regulatory authority over the processing of workers' compensation claims. Ms. Kurth shared that there are approximately 95,000 new workers compensation claims filed with the ICA each year. She shared that legislation was adopted and put into place requiring the ICA to develop and implement a process for the use of evidence-based treatment guidelines. It took 2 ½ years to finalize and create this process. This three step process includes 1: Preauthorization from doctor, 2: Reconsideration –providing notice within three days and 3: Administrative Review-peer to peer evaluation. Ms. Kurth stated that it is hoped that with the new guidelines in place it will help to improve quality and outcomes of medical care, improve efficiency and effectiveness of the process under which medical care is provided to injured employees, reduce litigation for medical treatment issues, help medical providers and injured employees by reducing inappropriate use of opioids, improving safety, reducing harm and potentially fatal consequences, maintain a healthy workforce and improve return to work outcomes for injured employees.

#### **Update RX Misuse and Abuse Website & Cox Communications-Strategy 4**

**Deborah Miller, GOYFF**, shared that everything is going well with the production of the webinar in partnership with Cox Communications. The goal is to have everything ready by mid October. The plan is to have the webinar available so the core group can review it and have it up on the website by November.

#### **Toolkit Review –Work Sessions**

**Sheila Sjolander, ADHS**, recommended that the next meeting in September focus on going through the toolkit, extending the meeting by an hour in order to go through all the materials and decide what needs to be updated. A motion was made to modify the meeting to accommodate a working session. The motion was made by Jacqueline Kurth and seconded by Duce Minor and approved by all.

#### **Agency / Partner Updates**

**Ms. Dodge, AZ Pharmacy Board**, informed the group that the queries from the Prescription Drug Monitoring Program (PDMP) look pretty good. In 2015, there was an increase.

**Ms. Skurka, AHCCS**, informed the group that AHCCCS received the medication assisted PDOA grant from SAMHSA; it is a \$950 thousand dollar grant for 3 years. The plan is to cover Pima and Maricopa with the possibility to expand to other counties if needed.

**Ms. Kurth, AZ Industrial Commission**, informed the group that she plans to wrap up the implementation plan for the guidelines and roll it out statewide.

**Ms. Miller, GOYFF**, announced that the GOYFF has started its Healthy Families-Healthy Youth training in 15 schools. This training will help families create their own Substance Abuse prevention plan.

**Mr. Minor, PAACE**, shared that at a coalition meeting at the Indian Health Services (HIS) he heard that all doctors are required to use the PDMP. He was very pleased to hear this.

**Chief Kelly, Apache Junction PD**, announced that he is scheduled to do an interview with Cox for the Prescription Drug Initiative.

**Ms. Sjolander, AZ Department of Health Services**, informed the group that ADHS is hosting the next Health Care Advisory Committee at U of A on September 13, 2016. There will be a prescribing 101 presentation. ADHS is working with Mercy Maricopa on best practices. ADHS is also working on the

Opiate guidelines. She also shared that everyone should have seen the letter from the Surgeon General which was sent out to all prescribers.

#### **Future Meeting Dates**

- Next meeting is scheduled for:
  - Tuesday, September 27, 2016 - 1:00pm to 4:00pm location to be determined.

#### **Future Agenda Items**

- Cox Communications Webinar for Strategy 4 of the Toolkit
- Statewide Regional Trainings on Naloxone, hosted by the core group.

#### **Adjourn**

**Sheila Sjolander, Chair, called for a motion to adjourn.**

Ms. Kurth moved to adjourn the meeting at 2:41pm. Motion was seconded by Ms. Dodge. Meeting was adjourned at 2:41pm.